## QUAKERTOWN'S COMMUNITY COLORING BOOK

How to Help and Get Help



# Discover ways to help and get help in our community

Free download of coloring book at PlanetAchilles.com/community

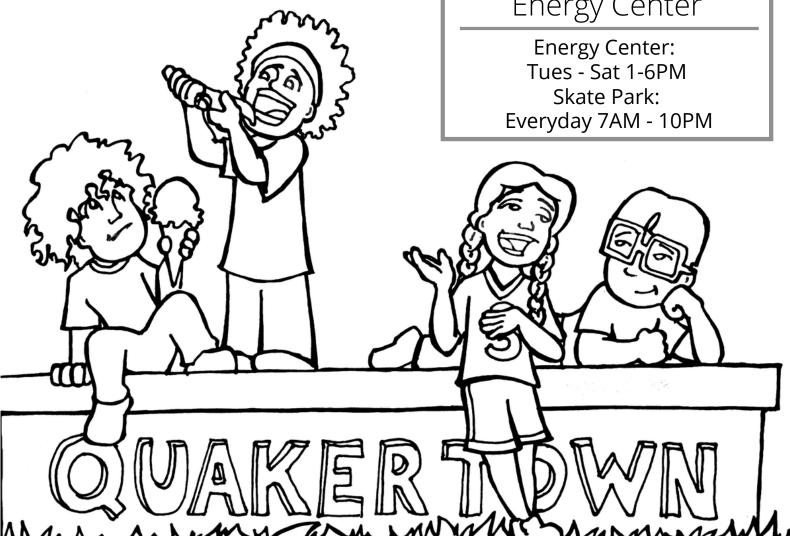
#### Quakertown Food Pantry

MON: 10:00am - 1:00pm TUES: 6:00am - 8:00pm WED: 10:00am - 1:00pm THURS: 6:00am - 8:00pm FRI: 10:00am - 1:00pm

#### Public Library

MON-THURS 10am – 7pm FRI 10am – 6pm SAT 9am – 5pm

#### Quakertown Free Fall Energy Center



## Quakertown Food Pantry

#### To Get Help

The Food Pantry provides a 3-day emergency food supply (breakfast, lunch, and dinner for each of the 3 days).



## Quakertown Food Pantry

#### To Give Help

QFP accepts cash, checks, gift cards, and food donations at any time during the pantry hours of operation.



#### Quakertown Police Department

#### To Get Help

QPD and 10 local police departments join forces each year to help local children afford a better holiday. All participating police officers volunteer their own time to support the program.



## Quakertown Police Department



## Quakertown Public Library

## To Get Help

#### Story Time On The Go

- 1. Grab a themed bag on a topic that interests you.
- 2. Check the entire bag out at a kiosk.
- 3. Use the books, songs and rhymes to hold a storytime.
- 4. Return the books in a bookdrop when you're done.



## Parks and Recreation

## To Get Help

Camp In A Bag is a free 5-week program where Quakertown School District Families who are experiencing financial strain receive a bag each week filled with crafts, educational activities, and healthy spacks



## Parks and Recreation

#### To Give Help

Volunteers help with events and programs throughout the year like Spring Clean-Up Day, Easter Egg Hunt, Sounds of Summer



## Quakertown Fire Department

## To Give Help

The QFD is an all-volunteer organization. Our volunteers host many fundraising events each year like our Carnival, Basket Bingos, and Craft Shows.



#### Quakertown Free Fall Energy Center

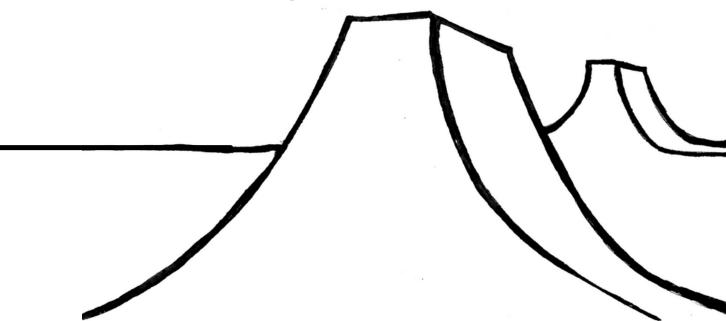
#### To Get Help

Free Fall is bringing a new skate park, new Energy Center hours, and new opportunities for events. They provide daily access to community rooms, snacks, bathrooms, media equipment, and adults who care. freefallqtown.com

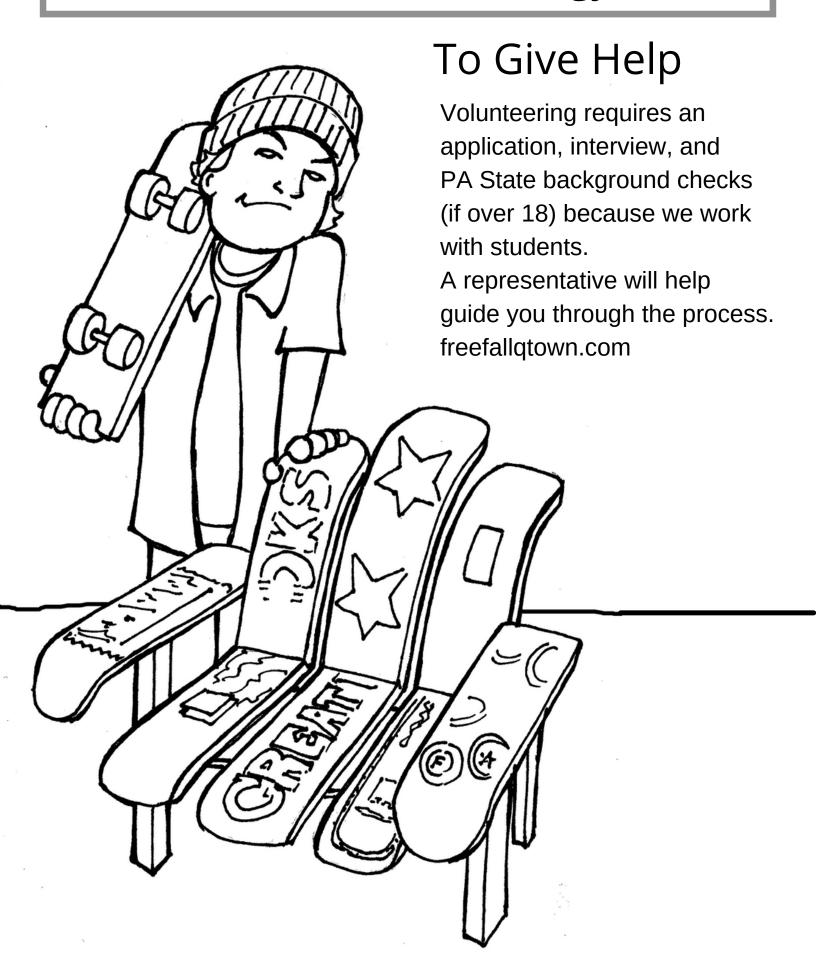
Energy Center: Tues - Sat 1:00-6:00PM

Skate Park: Everyday 7AM - 10PM





#### Quakertown Free Fall Energy Center



#### Quakertown Monday Meals

#### To Get Help

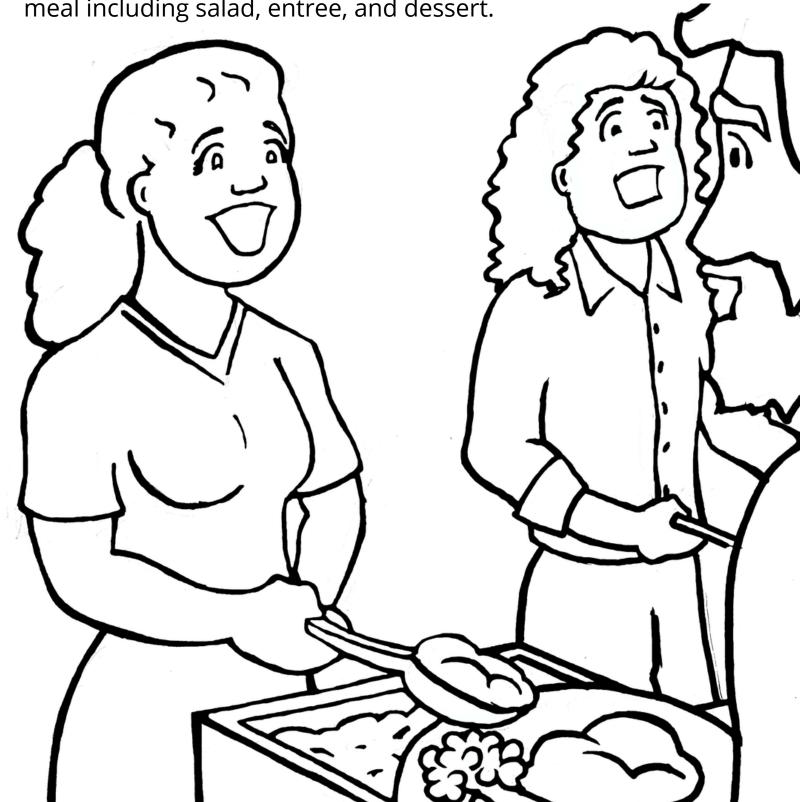
Monday Meals is a free community dinner every Monday at Morningstar Fellowship. Doors open at 5:15 pm and dinner is served from 5:30-6:30 pm. 429 S 9th St, Quakertown, PA Reservations are not needed.



#### Quakertown Monday Meals

## To Give Help

At Morningstar Fellowship, on the 1st and 3rd Mondays of the month, a dedicate team of volunteers prepare and serve a full meal including salad, entree, and dessert.



#### Food Pantry

quakertownfoodpantry.org

Contact: quakertownfoodpantry@gmail.com

#### Police Department

quakertown.org/police

Contact: 215.536.5002

#### Public Library

buckslib.org

#### Parks and Recreation

quakertown.org/parksandrec

Contact: parksrec@quakertown.org

#### Fire Department

Westendfireco.com

Qfc1.org

#### Free Fall Center

freefallqtown.com

#### Monday Meals

mstarqtown.org/helpinghands

Contact: mahri@mstarqtown.org

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Send Questions to PlanetAchilles@gmail.com